

Chapter-2

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Medicinal Plants and Their Active Compounds: Potential Candidates for the Management of COVID-19

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Abstract

This book chapter discusses the potential of medicinal plants in combating COVID-19. The chapter highlights several medicinal plants' anti-inflammatory, antimicrobial, and immune-boosting properties such as ginger, turmeric, garlic, echinacea, licorice root, and elderberry. The chapter also emphasizes the need for more research to determine these medicinal plants' effectiveness and proper dosage in treating COVID-19. We conclude that medicinal plants may have potential as candidates for managing COVID-19, and it is crucial to consult healthcare professionals before using them as a treatment for COVID-19 or any other health condition.

Keywords: COVID-19, medicinal plants, healthcare
